April/2018 - Trip Schedule

EXPEDITION ETHNICS SHANENAWA AND HUNIKUIN DO ENVIRA

The Aldeia (Tribe) Paredão, with ethnic indigenous population Shanenawa consists of 55 adults; 90 young people from 13 to 18 years and 57 children from 0 to 12 years old. So around 200 people live there. It's located at one hour by boat from a town called Feijo/in Acre State, and 368 km away from the city of Rio Branco.

The **Aldeias (Tribes) Mãe Txanaya and Mukaya** located in Envira River are formed by **Hunikuin ethnic.** The activities during the expedition are considered 1 level of physical effort.

Going into the forest:

Day 1 - April 02TH – Arrival late evening in Rio Branco.

Day 2 - Next day April 03th - the group will go to Feijo after breakfast. This trip takes approximately five hours by car, where we are going to spend the night.

Day 3 - April 04th - leave to the Aldeia Paredão in the morning by indigenous boat. This trip takes approximately one hours. Still there for four days.

Day 7 – April 08th - leave to the Aldeia Mukaya in the morning by indigenous boat. This trip takes approximately seven hours. Still there for twoo days.

Day 9 – April 10th - leave to the Aldeia Txanaya in the morning by indigenous boat. This trip takes approximately one hours. Still there for twoo days.

Going out the forest:

Day 11 – April 11th - after staying at the three Aldeias, the group returns to Feijó in the morning by indigenous boat. This trip takes approximately four hours. There, we will go back to Rio Branco by road transportation, where we are going to spend the night.

Day 12 - Next day, April 13, the group will leave Rio Branco at the evening.

monday	thusday	wetnesday	Thurday	Friday	saturday	sunday
April 2TH	April 3TH	April 4TH	April 5TH	April 6TH	April 7TH	April 8H
Arrival in Rio Branco when starts expedition (11:30 PM)	Rio Branco Group Departure to Feijo by car with overnight	Feijo Buying equipment in the morning and Departure to Aldeia Paredão by indigenous boat (Envira River) Ritual Indigenous	Aldeia Paredão Shanenawa Activities in the aldeia Pajelança Ritual	Aldeia Paredão Shanenawa Activities in the aldeia Pajelança Ritual	Aldeia Paredão Shanenawa The afternoon leave to Aldeia Mukaya (7 hours of trip by indigenous boat)	Aldeia Mukaya Activities in the aldeia Healing Ritual
April 9tH	April 10TH	April 11TH	April 12TH	April 13TH	April 14TH	April 15TH
Aldeia Mukaya Activities in the aldeia The afternoon leave to Aldeia Txanaya Pajelança Ritual	Aldeia Txanaya Activities in the aldeia Pajelança Ritual	Aldeia Txanaya Activities in the aldeia Pajelan;ca Ritual	Aldeia Txanaya Trip Day Return to Feijó and Rio Branco	Rio Branco Group Departure from Rio Branco		

Important information about the shipping during the Expedition:

- One must be at Rio Branco on day that expeditions starts. The travel cost to and from Rio Branco (Acre State) are **not included** in the value of travel expedition package. Suggestion of domestic companies operating in Rio Branco: Latam Airlines Brasil and Gol Linhas Aéreas, usually with time of arrival 00:00, local.

- Due to the **climatic conditions** of the region the time transferred by land, there may be some change in schedules. If that happens on the way back, the expedition will leave the forest one (01) day earlier to guarantee no one misses their flight home in in Rio Branco.

- The Povo da Floresta Expedition has an **established calendar with activities of experience** with sacred rites and ayahuasca that represents all this indigenous culture of the Acre region in the Amazon Forest. However, it is possible to change some of the activities based on the common desire of the group. This change may affect the calendar and needs checked with the Village Chief. If possible, we will build a new

program with everyone involved. However, if we cannot get consensus from the group, the initial programming will be maintained.

- **Accommodation and Bathrooms**: Respecting the local culture, Povo da Floresta Expedition hosted in the Aldeia, will have their food and hygiene habits oriented according to the indigenous habits. The baths are carried out in Igarapés (small rivers) or in spouts from the waters of the rivers and their physiological will be done in the forest. There are no traditional bathrooms in the Aldeia.
- It is advisable for the expeditionary to carry in his luggage only utensils that do not damage nature. All non-organic garbage produced during the expedition should be collected and removed from the Aldeia by the expeditionaries.
- We strongly recommend that the expeditionary has been vaccinated against yellow fever and tetanus.

Expedition Activities Summary: Nowadays, the native brazilian indigenous force is one of the most effective healing vibration. This due to the high biological diversity found in the Amazonian forest, where lies the wisdom of various indigenous ethnic groups, ancestral knowledge and full bases in the use and applicability of sacred herbs, antidotes and medicines found in plants and animals of this region. Also sought are the healing techniques of the "pajelança" masters, that is, the shamans, with their prayers and sacred music. This Amazonian “Pajelança” ritual gives the opportunity to experience and directly access this wisdom and native brazilian healing.

The ritual begins with the ceremony of the sacred pipe and a “Rapé” tobacco indigenous, to revere, purify and connect with the spirits of the shamans. Then the application of indigenous eye drops from Sananga. This eye drops helps people suffer from cataracts, myopia and astigmatism. Following the ceremony begins ayahuasca and purification, along with native instruments, maracas, flutes and drums played by indigenous people. The sharing wheel ends the ritual, a time to express our feelings and share our experiences.

Included in the expedition

- Accomodation and typical indigenous food
- Interpreter to support foreigners
- Ecological walks in the Forest
- Tours around the Envira River
- Planting of native trees: the Cipó (jagube) and Chacrona
- Interaction with Shamans
- About eight rituals with ayahuasca/Yagé
- One ritual with Kambô
- Psychological support with interactions
- Nature-guided meditations
- Workshops on forest energies
- Full interaction with shamans and their families
- Stories from the Spirits of the Forest told by the Shamans
- Music of Forest (you can bring your own musical instruments to play with them)

Activities	Experience	Retribution to the Forest People	Motivation
Welcome	Body painting	Donation of a thousand fish farms regional for the subsistence of indigenous people.	With the proximity of the white man and deforestation of the lands for the creation of pastures in the livestock activity; hunting is increasingly far from the villages. Fishing becomes important for this people who will have fish-filled dams during the low water level of the Rivers, from June to December.
Aldeia Visitation	Cooking and Crafts	Hive or Bee Hive Wild donation.	Besides the medicinal benefits of honey, bees help pollination of plants and fruits of the forest. This activity still collaborates in obtaining income by the indigenous with the sale of these products.
Medicinal Walk	Herbs of the Forest	Planting of Medicinal and Native plants.	Planting of native tree seedlings and medicines from the forest such as the Jagube cipó, and chacrona among others, collaborating for indigenous environmental preservation.
Pajelança and Rite of Healing	Experimentation: Nixipan and Feitio (Ayuhasca), Sananga - Kambô		
Visit in Wterfall and Igarapés	Herbal Bath		
Interação com os Índios	Habitus Nativo		
Interaction with indigenous children	Indigenous Culture		
Storytelling	Origin and Tradition		
School Visit	Knowledge and Skills	School Supplies	To help in the education and in the preservation of indigenous children's culture, school material donated is fundamental.
Music Festival	Musical instruments	Acquisition of musical Instruments	
Handicrafts Fair	Indigenous customs	Material for the making of Indigenous jewelry.	Own material for local handicraft making, helping in the subsistence and entrepreneurship of the indigenous people. .

Important: the necessary inputs for the actions of retribution will be acquired with part of the amount paid by each expeditionary. The expeditionary actively participates in the retribution of hospitality for his stay in the lands of the forest people.